

No-cost Energy Saving Tips

Turn down your thermostat to 68 degrees or lower during the day and evening (health permitting) and to 55 degrees or off at night or when away from home. Wear layers of loose-fitting clothes to trap body heat, such as thermal underwear, sweaters, sweatshirts, sweatpants, and socks.

Set your water heater to the “normal” setting or 120°, unless your dishwasher requires a higher setting.

Open drapes to let the sun heat your home during the day and close them at night to help insulate.

Close off unused rooms and the vents that heat those rooms.

Keep warm-air registers, baseboard heaters, and radiators clean and make sure they're not blocked by furniture, carpeting, or drapes.

Move furniture around so you are sitting near interior walls instead of exterior walls and windows.

Close your fireplace damper tightly when not in use.

Take shorter showers.

Wash only full loads in your dishwasher and clothes washer.

Use cold water when washing clothes.

Low-cost Energy Saving Tips

Clean or replace furnace filters once a month.

Install weather-stripping or caulk on leaky doors and windows.

Install gaskets behind outlet covers.

Add plastic sheeting to your windows or purchase plastic window covering kits or interior storm window kits.

Install a programmable thermostat.

Install low flow showerheads and faucets.

Insulate the water pipes leading from your hot water heater.

Health and Safety Tips

Adequate home heating is a necessity of life. The inability to heat your home adequately can put household members at risk. Health and safety risks include hypothermia and carbon monoxide poisoning and the increased possibility of fire.

You can prevent the loss of life and property by identifying potential hazards and following these safety tips:

Install smoke and carbon monoxide alarms in your home.

Provide proper venting systems for all heating equipment.

Never use your range or oven to heat your home or use a BBQ in your home or garage.

Place space heaters on level, hard and nonflammable surfaces, not on rugs or carpets.

Keep space heaters at least three feet from bedding, drapes, furniture, and other flammable materials.

Never leave a space heater on when you go to sleep or leave the area.

Watch children and pets closely in rooms with heating equipment.

Always use generators outdoors and away from doors, windows, and vents.



TDD (800) 735-2929

Refer all questions and complaints regarding disability discrimination to Susan Merriman at:

**Plumas County Community
Development Commission**

(183 W. Main St.), P.O. Box 319
Quincy, CA 95971

(530) 283-2466 • (800) 993-5399

Plumas and Sierra County Energy Assistance Information



Low Income Home Energy Assistance Program

Plumas County Community Development Commission

(183 W. Main St.)
P.O. Box 319
Quincy, CA 95971

(530) 283-2466

(800) 993-5399

www.plumascdc.org

What is the Low Income Home Energy Assistance Program?

(also known as HEAP)

The Low Income Home Energy Assistance Program helps eligible households with home energy bills (wood, propane, fuel oil, electricity) by making a payment to a utility company on behalf of the household.

What utility will the Energy Assistance Program pay for?

A payment can be made to your electric company or your major utility supplier (usually that is the utility that provides space heating and can include wood if it is your main heat source).

Who is an eligible household?

An eligible household is a household whose gross annual income is below the qualifying income limits.



What if my heating source is wood?

A payment for wood delivery can be made to qualified wood suppliers.

What if I have received a "shut off" notice?

If funds are available you may be eligible for an emergency assistance payment under the following conditions:

- 48-hour shut off notice
- Shut-off notice
- Out of wood

Depending on the amount needed to prevent shut-off or re-establish service, you may have to make a companion payment or make acceptable arrangements with the utility company.

Have questions or want to know the income guidelines?

For a list of **frequently asked questions** and **income guidelines** please go to: www.plumascdc.org/energy.html



Where can I get an application? (Locations to call for and/or get help with completing applications)

PLUMAS COUNTY

Quincy

Plumas County Community Development Commission..... 283-2466
Plumas Crisis Intervention Resource Center.....283-5515

Chester

ABC Center.....258-4281

Portola

Family Resource Center832-1827

Greenville

Indian Valley Resource Center284-1560

SIERRA COUNTY

Loyalton

Department of Social Services 993-6720
Loyalton City Hall 993-6750
High Sierra Family Resource Center 993-1110
Loyalton Senior Center993-4770

Downieville

Human Services289-3711